Supervised Injection Facilities and Other Supervised Consumption Sites

Revised Background and Scope

June 17, 2020

Background

Substance use, including the public health crisis in the United States (US) known as the opioid epidemic, is an increasingly common public health concern. In 2018 there were 46,802 opioid overdose fatalities in the US or about 130 Americans dying every day from such overdoses. Drugs may be consumed by various routes, but injection drug use generally has the highest risk of fatal overdose. Overall life expectancy in the US began to decrease in 2015, largely driven by the opioid epidemic, and this trend continued through 2016, the first such decrease since the 1960s. On October 27, 2017, the Acting Secretary of Health and Human Services declared a nationwide public health emergency regarding the opioid crisis. The Council of Economic Advisers estimates the overall economic cost of the opioid crisis to society to be $504 billion, or 2.8% of US gross domestic product.

Injection drug use (IDU) has individual risks beyond overdose. Sharing of the equipment and drugs used for injection can result in transmission of infections such as HIV and hepatitis C. The use of contaminated equipment also increases the likelihood of bacterial infections including local abscesses, suppurative thrombophlebitis, bacterial endocarditis, and bacterial sepsis.

Drug use also has broad community impacts. The distribution and sale of drugs can be associated with violence, theft, and hazardous litter. Public intoxication and the visible use of drugs in public spaces can affect all aspects of commercial and non-commercial life in a community.

Harm reduction refers to actions and policies intended to reduce the negative consequences of a behavior. Attempts at harm reduction for people who inject drugs (PWID) in the US has focused mainly on syringe services programs (SSPs) that provide clean needles and syringes either as exchanges for contaminated products or freely to PWID providing a multi-day or multi-week supply. Some version of these programs exist in most states.

Supervised (or “safe”) injection facilities (SIFs) are another form of harm reduction, but are not yet available in the US. SIFs provide a site where clients may go to inject drugs and where medical personnel are present with the ability to provide naloxone, an antidote for opioid overdose, and
other first-responder care. In addition, SIFs support risk reduction strategies (e.g., infection-preventing techniques) and offer a link to social and medical services. SIFs exist more widely in Europe and have been studied in multiple locations for their effects on reducing overdose death and their effects on communities. In the US, some cities and states are exploring the feasibility and expected outcomes of opening SIFs to address the individual and public impacts of IDU.

**Stakeholder Input**

This scoping document was developed with input from diverse stakeholders including researchers, public policy advocates (e.g., harm reduction organizations), social service agencies, policymakers, public health experts, clinicians, and multinational SIF program managers. This document incorporates feedback gathered during calls with stakeholders and open input submissions from the public.

Stakeholders described the social marginalization and isolation of people who use drugs (PWUD). They described the frequent overlap of substance use disorders and other mental health disorders, implications of homelessness, and lack of necessary health care and social services. They discussed the relative contributions of syringe service programs and SIFs to reduce harm and improve public health. Stakeholders highlighted the growing importance of facilities that permit different forms of consumption (e.g., smoking) to address changing drug behaviors and meet the needs of the target population. As a result, the scope was expanded to consider sites that allow routes of consumption other than injection.

Many stakeholders affirmed the overdose mortality reduction attributed to SIFs but explained how communities often sought other benefits from SIFs, including infectious disease control and pathways to treatment. Stakeholders described how SIFs can provide a potential way to address some of these needs.

ICER looks forward to continued engagement with stakeholders throughout its review and encourages comments to refine our understanding of the clinical effectiveness and economic analysis. Consistent with ICER practices for other reviews, we will seek input from PWID and their families to assure their viewpoints inform analysis and conclusions.

**Report Aim**

This project will evaluate the health and economic outcomes of SIF. The ICER value framework includes both quantitative and qualitative comparisons across treatments to ensure that the full range of benefits and harms – including those not typically captured in the clinical evidence such as innovation, public health effects, reduction in disparities, and unmet medical needs – are considered in the judgments about the clinical and economic value of the interventions.
Scope of Clinical Evidence Review

The proposed scope for this assessment is described on the following pages using the PICOTS (Population, Intervention, Comparators, Outcomes, Timing, and Settings) framework. We will seek evidence from randomized controlled trials, observational studies, and systematic reviews. Our evidence review will include input from PWID and harm reduction organizations, data from regulatory agencies, information submitted by program administrators, and other grey literature when the evidence meets ICER standards (for more information, see ICER’s grey literature policy).

All relevant evidence will be synthesized qualitatively or quantitatively. Wherever possible, we will seek out head-to-head studies of the intervention and comparators of interest. Data permitting, we will also consider combined use of evidence in meta-analyses of selected outcomes. Full details regarding the literature search, screening strategy, data extraction, and evidence synthesis will be provided after the revised scope in a research protocol published on the Open Science Framework website (https://osf.io/7awvd/).

Populations

The population of focus for the review is all PWID. In an expanded analysis, we will also consider different forms of consumption (e.g., smoking), as a person-centered approach to this intervention considers harm reduction for the individual, not the type of drug consumption.

We will also seek evidence on subpopulations suggested by the stakeholders, looking for evidence of subgroup effects:

- Housing status, comparing effects in people living with homelessness or unstable housing and those with stable housing
- Injected drug class, comparing effects in people who inject opioids with effects in people who inject stimulants such as cocaine or methamphetamine

Although the population will be PWID (or PWUD), the unit of analysis may be cities, or neighborhoods within cities, that implement or do not implement SIFs.

Interventions

The intervention of interest will be implementation of SIFs including sites that permit other forms of drug consumption.
Comparators

Data permitting, we intend to compare SIFs to not having a SIF and to SSPs. We recognize a variety of SIF intervention models exist and will explore the possibility of comparing them in terms of outcomes of interest.

Outcomes

The outcomes of interest are described in the list below.

- Individual outcomes
  - Overdose
    - requiring EMS/ambulance or hospital care
    - mortality (occurring in or out of facility)
  - All-cause mortality
  - Infection
    - Chronic viral infection (hepatitis C and HIV)
    - Bacterial infection requiring hospitalization (e.g., antibiotics, surgery)
    - Skin and soft tissue infection not requiring hospitalization
  - Health-related quality of life

- Intermediate outcomes
  - Use of treatment and recovery support services
  - Receipt of social (e.g., housing), primary medical care, dental and mental health services
  - Injection behaviors (e.g., needle sharing)
  - Drug consumption (e.g., frequency, amount)

- Community and environmental outcomes
  - Syringe and paraphernalia disposal
  - Public drug use
  - Drug-related crime
  - Drug use prevalence

- Health system utilization
  - Hospitalizations
  - Emergency department visits
  - EMT/paramedic calls/responses

Timing

Evidence on intervention effectiveness will be derived from studies of any duration.
**Settings**

The setting of interest will be community SIFs, whether or not they are affiliated with health centers and hospitals, and mobile SIFs. Inpatient SIFs are not part of the scope of this review.

**Potential Other Benefits and Contextual Considerations**

Our reviews seek to provide information on potential other benefits offered by the intervention to the individuals, caregivers, the delivery system, or the public that would not have been considered as part of the evidence on comparative clinical effectiveness. These general elements (i.e., not specific to a given disease) are listed in the table below.
Table 1.1. Potential Other Benefits or Disadvantages and Contextual Considerations

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<th>1 (Suggests Lower Value)</th>
<th>2 (Intermediate)</th>
<th>3 (Suggests Higher Value)</th>
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<tr>
<td>Uncertainty or overly favorable model assumptions creates significant risk that base-case cost-effectiveness estimates are too optimistic.</td>
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<td>Very similar mechanism of action to that of other active treatments.</td>
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<td>New mechanism of action compared to that of other active treatments.</td>
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<td>Delivery mechanism or relative complexity of regimen likely to lead to much lower real-world adherence and worse outcomes relative to an active comparator than estimated from clinical trials.</td>
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<td>The intervention offers no special advantages to PWID by virtue of presenting an option with a notably different balance or timing of risks and benefits.</td>
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<td>This intervention will not differentially benefit a historically disadvantaged or underserved community.</td>
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<td>Small health loss without this treatment as measured by absolute QALY shortfall.</td>
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<td>Small health loss without this treatment as measured by proportional QALY shortfall.</td>
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<td>Substantial health loss without this treatment as measured by proportional QALY shortfall.</td>
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<td>Will not significantly reduce the negative impact of the condition on family and caregivers vs. the comparator.</td>
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<td>Will not have a significant impact on improving return to work and/or overall productivity vs. the comparator.</td>
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<td>Other</td>
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ICER encourages stakeholders to provide input on these elements in their public comment submissions.

**Scope of Comparative Value Analyses**

As a complement to the evidence review, we will develop an economic model to assess the lifetime cost effectiveness of implementing SIFs relative to relevant comparators. The model structure will be based in part on a literature review of prior published models of harm reduction for PWID. The base-case analysis will take a health care system perspective (i.e., focus on direct medical care costs only). Data permitting, productivity impacts and other indirect costs will be considered in a separate analysis. This modified societal perspective analysis will be considered as a co-base case.
when the societal costs of care are large relative to direct health care costs, and the impact of
treatment on these costs is substantial. The target population will consist of PWID. Subject to
change, the model will likely consist of health states including not on MAT (medication-assisted
treatment), on MAT, former PWID, overdose, overdose-related mortality, HIV, Hepatitis C, skin
infections, and other infections. A cohort of patients will transition between states during
predetermined cycles over a lifetime time horizon, modeling patients from treatment initiation until
death. In addition, cost-effectiveness will be estimated for shorter time horizons (e.g., five years).

Key model inputs will include clinical probabilities and health care costs. Probabilities, costs, and
other inputs will differ to reflect varying effectiveness between interventions. The effectiveness of
SIFs will be estimated from the experience of ex-US SIFs and the literature.

Health outcomes and costs will be dependent on time spent in each health state, clinical events,
adverse events (AEs), and direct medical costs. The health outcome of each intervention will be
evaluated in terms of overdoses avoided, overdose deaths avoided, and life-years gained. We will
explore the possibility of performing a cost-utility analysis, applying quality of life weights to each
health state to calculate quality-adjusted life years (QALYs) and equal value life years gained
(evLYG). The model will include direct medical costs, including outpatient and inpatient health care
utilization, as well as medications. In addition, productivity changes and other indirect costs will be
included in a separate analysis as available data allow. Relevant pairwise comparisons will be made
between treatments, and results will be expressed in terms of the marginal cost per life-year
gained, cost per overdose avoided, and cost per overdose death avoided (as well as cost per QALY
gained and cost per evLYG if feasible).

In separate analyses, we will explore the potential health care system budgetary impact of
treatment over a five-year time horizon, utilizing published or otherwise publicly-available
information on the potential population eligible for treatment and results from the economic model
for treatment costs and cost offsets. This budgetary impact analysis will indicate the relation
between treatment prices and level of use for a given potential budget impact and will allow
assessment of any need for managing the cost of such interventions. More information on ICER’s
methods for estimating potential budget impact can be found here.
Identification of Low-Value Services

As described in its Value Assessment Framework for 2020-2023, ICER will include in its reports information on wasteful or lower-value services in the same clinical area that could be reduced or eliminated to create additional resources in health care budgets for higher-value innovative services (for more information, see ICER’s Value Assessment Framework). These services are ones that would not be directly affected by a SIF (e.g., reduced hospitalization for overdose), as these services will be captured in the economic model. Rather, we are seeking services used in the current management of PWID beyond the potential offsets that arise from a new intervention. ICER encourages all stakeholders to suggest services (including treatments and mechanisms of care) that could be reduced, eliminated, or made more efficient.
References
